



# GRT COLLEGE & SCHOOL OF NURSING

GRT Mahalakshmi Nagar, Chennai -Tirupathi Highway, Tiruttani-631209

## NEWS LETTER UPACHAARIKA SUCHANA



Issue-6, Bi-Annual, January-July 2024

### MESSAGE FROM PRINCIPAL'S DESK

I feel it as a great honor to write this message for the release of 6th issue of GRT CON News letter Upacharika Suchana which is released on 02.08.2024 during the occasion of Annual Day Celebration by Dr.N.Thilakavathi,MD., Vice Principal and head, Dept of Microbiology, Govt Medical College and Hospital, Tiruvallur-Tamilnadu The institution continuously strives to open up new avenues for the students to discover their creative talents and express themselves in multiple ways. I appreciate the enthusiastic effort made by the staff and the students to bring out this issue and all the hard work they put in. My heartfelt thanks to the management for their sustained interest, encouragement, guidance, moral, technical and financial support without whom the college would not have developed to this extend.



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**“BE A VOICE NOT AN ECHO”**







## NEWS AND EVENTS

### 1. MEDICAL CAMP

GRTCON in collaboration with the Madras School of social work, organized a one-day free medical camp on 10th January 2024 at Soganour Tribal Village. The programme was started around 10 am. The programme team consisted of Dr. Padmavathi R, NSS President, Dr. Angel Shalini, NSS Programme Officer, Mrs. Gowri, Clinical Instructor, GRTCON, Mr. Moses Selvakumar, HOD, Dept of Management & Development, MSSW, Prof. Maria Jerome, PG Dept of Development Studies, MSSW, Dr. Krishna Moorthy, MBBS and NSS volunteers. The team distributed dresses and bed sheets nearly to 47 families. Few of the patients were referred by the doctors for further treatment to Tiruttani Government Hospital. The NSS volunteers played a vital role in making this camp success with their dedication in serving people.



### 2. VOTERS' DAY

GRT College of Nursing, in collaboration with Peacock Hospitals, Tiruttani, organized awareness programme regarding importance of voting for the first time voters on the occasion of Voter's Day on 25th January 2024.. The day began with prayer and the National Voter's Day pledge was administered to students and faculty members. An Essay Writing competition on National Voter's Day was also conducted, followed by the students gathered in the auditorium to watch the Prime Minister's speech on the importance of voting. Dr. M. Sree Kiran, MD from Peacock Hospital delivered an inspiring and motivational talk emphasizing the significance of exercising one's right to vote. The event served as a platform to raise awareness and encourage active participation in the democratic process among the attendees.





### 3. MOTIVATIONAL TALK

GRTCON observed world youth day on 20.01.2024 at GRT CON auditorium with the theme “Vikshit Bharath : Vikshityuva”. The resource persons were **Dr.J.S.Rajkumar (Chairman Lifeline Hospital) President Youth4Nation and Dr.Sundaram Seshadri Executive member of Youth4Nation.** They asked the youth to think differently and serve the country. They also insisted that our younger generation must be aware about national schemes, programme, strategies through which India is going to become as the developed country by 2047



### 4. FACULTY ACHIEVEMENTS;

Prof. Umamaheshwari participated in poster competition organized by Meenakshi College of Nursing on 24.01.24 with the theme of “Creating hope through action”. She presented poster regarding suicide free world and secured first place.





## 5. INTERNATIONAL WOMEN'S DAY:

Rally was conducted at Srinivasapuram as a part of **International Women's Day Celebration on 11.03.2024** in order to create awareness among the community people and the school children regarding **Women's Rights and Women related protection Acts**. 40 students participated in Slogan Competition that was conducted among III yr and IVth Yr B.Sc Nursing students. In the Afternoon, **Mr.Desappan, District Coordinator**, Department of Social Welfare & Women Empowerment, Tiruvallur gave a brief note about the girl child helpline and protection acts. **Ms.Priyanka, Centre Administrator**, One Stop Centre (Sakhi) Department of Social Welfare & Women Empowerment, Tiruttani, spoke about One Stop Centre and their activity. The Resource person **Mrs.Shamu, Advocate, Tiruvallur District** gave an awareness talk on **Women related laws** –Various acts related to women were discussed. Women should be stronger and bolder enough to face the world without any fear. The information was more benefit to our students. Around **180 students** of B.Sc(N) III & IV Yr students participated.



## 6. NDLI USER AWARENESS PROGRAMME:

On behalf of GRT CON Editorial committee **NDLI User Awareness Programme-2024** was organized on **13.03.2024**. **Dr.S.Senthilkumar**, Associate Professor, GRTIET, was the resource person, and highlighted about Digital learning resources available for students which enhances remote learning.



## 7. EDUCATIONAL FAIR PROGRAMME

Educational fair programme was conducted by various News organizations at various places. Our faculty members actively participated and gave right guidance and information regarding nursing education. The students and parents who came to our stall got clear picture about the nursing profession and we received overwhelming response from the student community . The details are given below,

- Dinamalar kalvi vazhikatti at Vellore on 30.3.2024
- Dinathanthi at Nandhanam trade centre from 02.04.2024 to 03.04.2024 and Hindu at Nandhanam Trade Centre from 06.04.2024to 07.04.2024.



## 8. PARTICIPATION IN WORLD RECORD EVENT – HAIR DONATION BY STUDENT NURSES ON 04.05.2024

The Trained Nurses association of India Tamilnadu State Branch organized World record event in commemoration of the International Nurses Day Celebration 2024 on the theme “Our Nurses our future, the economic power of care”. The 24 student nurses from GRT College of Nursing donated their hair for the good cause of cancer survivors. More than 3000 nurses and nursing students donated their hair and this was recorded as world record in India and Asia book of records.







## 9. INTERNATIONAL NURSES DAY:

GRT College of Nursing celebrated the International Nurses Day on 10.5.24 at in GRTCON Auditorium. Mrs. Anandhi Sathyakumar, Nursing Director, Kavery Hospitals honoured the day as Chief Guest and addressed the students highlighting the invaluable contributions nurses make to healthcare, their dedication, compassion, and the importance of supporting and recognizing their efforts. 1st yr BSc (N) performed variety of programs such as Biomedical waste management, Hand washing & CPR dance. Skit on Triage & Image of Florence Nightingale by the 2nd yr & Final yr BSc(N) students was presented which was very informative and admired by everyone. On this occasion the 24 students who donated their hair for the Cancer Survivors conducted by Tamil Nadu Nurses and Midwives Council were honored with a Memento.



## 10. MEGA HYPERTENSION SCREENING CAMP: 11.06.2024 AND 12.06.2024

GRT college of nursing organized Mega Hypertension Screening Camp for two days as per the direction of The Tamilnadu Dr.M.G.R Medical University at various places like Tiruttani Government Hospital, Tiruttani Urban PHC, Beerakuppam PHC, D.V. Puram Village, Cherukanur Village, Srinivasapuram Village. Totally 1000 Adults were screened for Hypertension and the report of the same was sent to university and the datas were uploaded in the google form link which was provided by the University. Totally 50 final year students were involved in this Mega Event.







## 11. RESOURCE UTILIZATION BY OTHER COLLEGE STUDENTS

Arcot Sri Mahalakshmi College of Nursing students came to our college for one day Observational Visit for their Management requirements, initially a PPT presentations focused on our curriculum implementations, infrastructures, hostel, hospital facilities and extracurricular activities were explained by our efficient Faculty Members. Then they were oriented about the Classrooms, all the Labs and Faculty Rooms. Finally they met the Principal Mam. Later on after lunch they have been oriented with the Hostel infrastructure and the facilities. The students were overwhelmingly enthusiastic. They were impressed by the clean and well-maintained campus, modern classrooms with interactive panels and the extensive library. The simulation labs, equipped with advanced technology and realistic training scenarios, and the PPT presentations by the Faculty were very understandable. They thanked our Principal Mam for giving an opportunity to visit our College.



## 12. VICE CHANCELLOR VISIT TO GRTCON

**The Tamilnadu Dr.M.G.R Medical University Vice Chancellor visited GRTCON on 22.06.2024 for inaugurating 100 tree plantation drive on account of World Environmental Day celebration.** The Vice Chancellor insisted on the importance of education and awareness in fostering environmental stewardship among young people. He has also urged all to contribute in making our planet better and called upon everyone, in India and around the world, to plant a tree in the coming days. The Vice Chancellor planted a tree to commemorate the day. 100 Saplings were planted on that day in the college campus by the Students. He emphasized the importance of growing trees to make the society eco friendly. The Vice Chancellor viewed the craft work, hoardings presented by the students related to Environment day and appreciated them when they explained about the theme and insisted on the role of the youngsters in saving the mother earth. He also inspected the Clinical Laboratory of the Institution, inspected the reports and suggested to follow the latest techniques with updated instruments. At the end, the Vice chancellor, Principal, Staff and students took group photos.







### 13. ANNUAL GRADUATION ON 27.06.2024

GRTCON organized Annual Graduation for the 10th batch of (2018 – 2022) B.Sc(N) students in the presence of Our Respected MD sir Shri. Anandapadmanaban & Shrimathi.Roopa Anandapadmanaban. Our Chief Guest Shrimathi. Nalini Aravindan, SIRINA Home Care Services, conferred the Graduation certificate to our graduates and Best Student Awards were given to Ms.Swetha.S for Best Academic Performance, Ms.Lavanya.V for Best Clinical Performance and Ms.Priyanka.B.V for Best Outgoing Award respectively with Rs.5000 cash award, Meritorious certificate and Memento by our respected MD sir. Chief Guest and MD sir congratulated all the graduates and appreciated them for choosing Nursing as their career.



### 14.ANNUAL ALUMNI MEET ON 27.06.2024

4th Annual Alumni Meet was started with Our Special Chief Guest Mr. Dhanasekar, V.M, M.Sc(N), working as DNS, AIIMS, Mangalagiri who gave wonderful motivational and informative message regarding the opportunities of Competitive exams available for the B.Sc (N) graduates. He also boosted them to move forward and work hard to get placed in the Central Government jobs (viz., AIIMS, JIPMER, ESIC, NIMHANS, etc.). And also he mentioned about the foreign opportunity with higher salary package. Then Few of our Alumnae shared their experiences as nostalgia and reminiscences and gave them the guidance and tips to clear in OET exams and Prometric exams to their sub juniors. Finally our Alumnae were entertained with culturals and they really enjoyed a lot. Alumnae gifts were shared as sweet memory and as a token of love. 3rd issue of Alumnae Bulletin was released by our Respected MD Madam Shrimathi. Roopa Anandapadmanaban and was received by our Chief Guest Shrimathi. Nalini Aravindan during the Graduation Ceremony.





## 15. EMPANELLED TRAINING INSTITUTE FOR FRT

Tamilnadu Apex Skill Development Center for Healthcare has empanelled GRT college of Nursing to be the District Training Center for FRT. So for we have trained around 524 people.



## STUDENTS DEVELOPMENTAL ACTIVITIES

### 1. LANGUAGE DEVELOPMENT ACTIVITIES

#### 1.1 Dramatics Competition

Dramatics Competition was conducted for the students on 9.2.2024. Nearly 4 teams participated and enacted a theme based drama. Each person in the group exhibited their talents which was very impressive for the audience. Mrs. Swetha HOD, English department of GRT College of Engineering was the Judge and evaluated the students performance. The Winner was the First year student team with the theme -Mobile Addiction, and the Runner up by the second year students team with the theme -Sacrifice.



#### 1.2 Just a Minute Competition

Just a Minute Competition was conducted for the students on 29.2.2024. Nearly 27 students from B.Sc (N) I year & IV year participated. Initially 40 interesting topics were selected and made into lots, the students were asked to pick a lot before to start their speech for one minute. All the students were very much interested and shown their ability and spontaneity of speech. Prof. A. I. Chitra judged the students based on the criteria for evaluation. The following students grabbed the first three positions  
I Position - Ms. Truthika IV yr BSc N  
II Position - Ms. Trisha, IVyr BSc N  
III Position - Ms. Yuvashri I Year & Ms. Pooja I year BSc N







### 1.3 Q-INFINITY TRIVIA TOURNAMENT

The Q-Infinity quiz was conducted by Apollo College of Nursing and 3rd year and final year B.Sc (N) students participated from GRT College of Nursing on 08.04.2024 and reached till final round. The quiz aimed to test the students' knowledge and skills in the field of nursing. Participants engaged in a competitive yet collaborative environment, showcasing their expertise and passion for the nursing profession



### 1.4 ESSAY WRITING COMPETITION

GRTCON literary club conducted essay competition on 12.04.2024 with the topic - An impact of Technology on Nursing Practice. Nearly 31 participants enthusiastically participated in the Competition.

### 1.5 JUST A MINUTE COMPETITION

To improve the Spontaneity of English speaking skills for the students the literary club organized a Just a minute Competition on 30.04.2024 in the Lecture Hall, II Floor for the II year and III year B.Sc (N) students, through lottery method the participants selected their topics and performed on the spot. Nearly 13 participants enthusiastically participated in the Competition and exhibited their innovative thoughts and talents, The Selected Participants were 3rdyrBSc (N)-

Ms. Tacky Munya

Ms. Yazhlini. G. K

Ms. Auxcelin Jose

2ndyr BSc (N) -

Ms. Ashna Abraham





## 1.6 DECLAMATION COMPETITION

Literary club organized a Declamation Competition on 30.04.2024 in the Lecture Hall, II Floor for the II year and III year B.Sc. (N) students. They were asked to select a topic from the bowl and were given one minute to deliver the speech according to the relevancy of that particular topic. In Preliminary round three students were selected in each batch to participate in the final round. Nearly 13 participants enthusiastically participated in the Competition and exhibited their innovative thoughts and talents. The contest was evaluated by prof. Chitra A.I Vice Principal GRTCON.



## 1.7 EXTEMPORE COMPETITION:

Extempore Competition was organized on 30.5.2024. The first round of Extempore Competition was conducted for BSc N I yr and IV-year students with the topic Effective Strategies for Nurse Patient Communication in the GRTCON Auditorium. Nearly 17 students we enthusiastically Participated and showcased their speech talents and best three speakers were selected for the Next level in each batch

## 1.8 STORY WRITING COMPETITION

The literary club organized a Story writing competitions on 13.6.2024 for the BSc N 1stYear, 2ndYear&4thYear in the GRTCON Auditorium. 3rd-year students are in the Mental Health Clinical Posting it is conducted at the GRTCON, Chennai Hostel. Nearly 34 students were enthusiastically Participated and shown an exceptional talent and a flair for writing which was truly commendable with brilliant narratives.







## 2. SPECIAL COMMUNICATION TRAINING:

English communication Training is given for all batches for nearly 20 hours

## 3. MONTHLY QUIZ:

NCLEX and competitive exam based questions are given as paper & pen test or in google form to improve their critical thinking capabilities which is motivating the students to appear for competitive exams



## 4. CURRICULUM ENRICHMENT PROGRAM:

### 4.1 ECG Interpretation:

The Electrocardiograph (ECG) training was conducted for B.Sc Nursing second year students of GRT College of Nursing, Tiruttani, on 13.03.2024 and 14.03.2024. The training program focused on 20% theory session and 80% of skill training. The number of students attended the training program was 88 (Eighty-Eight). The Training Program really enriched the students learning.

### 4.2 BLS Training:

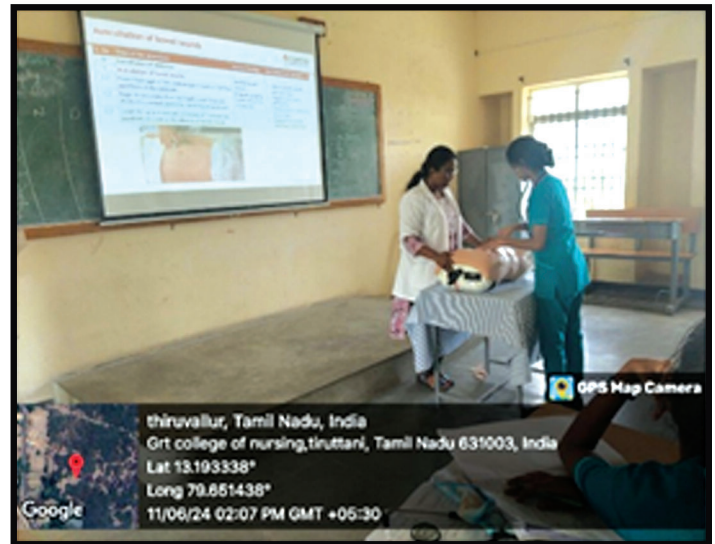
The Basic Life Support Course training was conducted for B.Sc Nursing First semester students (2023-2027 batch) on 15.03.2024. The training program focused on 20% theory session and 80% of skill training. The number of students attended the training program was 60 (Sixty). Students were really amazed to undergo this training.





### 4.3 Health Assessment Skill Training- 10.06.2024 to 11.06.2024

As part of the Curriculum Enrichment Activity, the Health Assessment skill training was conducted for B. Sc N first year II semester students from 10.6.24 & 11.6.24 in the Nursing Foundation Lab and 2nd floor Classrooms by the team of Impetus health care skills Pvt ltd. The Sessions started with a Pretest and then theory classes related to Health assessment followed by the skill training sessions which concentrated on Chest assessments & Auscultation, Breast Examinations, Pelvic assessment, Abdomen examination and Peripheral assessment and it's Findings with high reactive Simulators. The Post test was given to assess the students inculcated knowledge. The students were enthusiastically participated and gained in depth knowledge both theoretically & practically.



### 5. JOURNEY OF EXPERIMENTAL LEARNING

Third year B.Sc(N) students attended the Kalaingar Centenary International Medical conference on 19.01.2024 Regarding “ Future of Medicine: Revolutionizing Healthcare: Charting the Future of Medicine” which was organized by department of Health and Family Welfare, Govt. of Tamilnadu and The Tamilnadu Dr.M.G.R Medical University, Guindy, Chennai.







• As per Curriculum requirement First year B.Sc(N) students visited the Anatomy department Museum and Microbiology lab in Chettinad hospital and research Institute, Chennai on 13.02.2024. Students were excited and had real life experience.



• B.Sc(N) final year students attended TIP UP Training program at Dr.Rela Institute, Chrompet which is best in health care and stands No.2 in Chennai and No.7 in South India on 13.03.2024 where they briefed about their vision, mission and scope of opportunity which helps them to know about their future employment facilities.

## 6. ANNUAL MEDICAL CHECK

All the students undergo free medical checkup every year by a registered medical officer and they are referred for needed investigations and management.

Tuberculosis screening camp: The team of 40 members from ICMR, NIRF in collaboration with WHO Organized a Tuberculosis Screening camp in our college on 28.03.2024. The B.Sc N 1st & 3rd yr, ANM 1st and 2nd yr students of 137 members under went screening



## 7. OET TRAINING

BSC (N) 1st year (2023-2027) students are undergoing OET training for 110hrs at college of nursing campus. Mr. Steve is the resource person. It is planned to cover nearly 600 hours of training during their 4 years program.



## 8. PARTICIPATION IN COMPETITION 29.06.2024

Just a minute Quiz competition was organized by faculty of nursing, DR.MGR Institute of medical college and research centre Maduravoyal Chennai. Our final year students Ms.Saritha, Ms.Trisha, and Ms.Truthika participated and got e-certificate.



## FACULTY DEVELOPMENTAL ACTIVITIES

### 1. PARTICIPATION IN CNE PROGRAMME

Date	Name of the faculty	Topics	Name of the organization
19.01.2024	Mrs. Nirmala R Mrs. Gowri Mrs. Kamali Mrs. Priyanka	Challenging Role of a Nurse in Care of high-Risk pregnancy	Scudder memorial hospital and college of nursing
19.01.2024	Mrs. Saranya L	Future medicine Revolutionizing Health care, charting the future of medicine	Tamil Nadu Dr.MGR Medical University
24.1.2024	Prof. Umamaheshwari	A suicide free world	Meenakshi college of nursing
9.02.2024	Mrs. Premila Ms. Priya	Trends in nursing force for Global health shaping the strategies for comprehensive health care.	SRM UNIVERSITY





21.02.2024 to 23.02.2024	Dr. Padmavathi R Mrs. Jayanthi L Mrs. Nirmala R Prof.Uma Maheshwari Mrs. Sivaranjani S	Health Equity Nursing and Research perspectives	Omayal Achi college of nursing
20.3.2024	Mrs. Sakila	Health care Emergency code A nursing perspective	Madha college of nursing
03.05.2024	Mrs. Suganthi S Mrs. Meenakshi Ms. Sweatha Ms. Shakina Ms. Swathi NM MS. Priya	Nursing Audits – A valuable tool Kit to improve Nursing care	Dr Rela Institute
24.5.2024 to 25.5.2024	Prof. Chitra A.I Ms. Yuvarani	Transformational leadership impacting health care today & Road map for the future	ANEICON Association of Nurses Executives India
28.5.2024	Ms. Priya A Ms. Shakina Ms. Priya R Ms. Swathi Mrs. Asha	Comprehensive insight on chronic kidney disease progression and its management	Scudder memorial hospital and college of nursing
04.06.24 to 06.06.24	Mrs. Jayanthi L	Research methodology workshop	The Tamilnadu Dr.M.G.R.Medical University, Chennai









## 2. PROFESSIONAL DEVELOPMENT CLUB ACTIVITY 22.06.2024

DATE	NAME OF THE FACULTY	TOPICS
05.01.2024	Mrs. Sivaranjani S	Investigation of the effect of the restriction applied in children during covid-19 pandemic
	Mrs. Suganthi S	A study to assess the effectiveness of STP on knowledge regarding human rights of mentally ill among mentally ill client.
13.04.2024	Mrs. Jayanthi L	Case scenario of accidental corrosive poisoning.
31.05.2024	Prof. Chitra A.I	Polycystic ovarian disease
	Prof. Sivagami	Food adulteration
22.06.2024	Ms. Gracy J	Chagas disease
	Mrs. SivaranjaniS	Advance and updates of pediatric medicine for nurses







### 3. CONTINUING NURSING EDUCATION PROGRAMME

Our faculty members actively participate in CNE programmes, does online modules available in TNNMC website for securing their credit hours which is mandatory for the renewal of their licence .

S.NO	NAME OF THE FACULTY	TOTAL EARNED CREDIT HOURS	REQUIRED CREDIT HOURS FOR COMPLETION	VALID TILL	STATUS
1.	Dr. Padmavathi R	32	118	02.02.2029	Active
2	Prof. Chitra. A. I	38	112	23.07.2028	Active
3	Prof. Sivagami	15	135	22.8.2028	Active
4	Prof. Umamaheswari	49	101	18.11.2028	Active
5	Dr. Angel Shalini	204	0	06.07.2024	Active
6	Mrs. Nirmala	48	102	23.7.2028	Active
7.	Mrs. Jayanthi L	256	0	19.5.2029	Active
8	Ms. Gracy J	44	106	2.12.2027	Active
9	Mrs. Premila P	46	104	07.08.2028	Active
10	Mrs. Saranya L	62	88	5.09.2027	Active
11	Mrs. Suganthi S	0	150	24.03.2029	Active
12	Mrs. Sivaranjani S	69	81	31.5.2025	Active
13	Mrs.Thilagavathi P	221	0	8.3.2025	Active
14	Mrs. Shakila M	0	150	19.05.2029	Active
15	Mrs. Praveena M	24	126	4.11.2028	Active
16	Ms. Yuvarani C	48	102	06.01.2026	Active
17	Mrs. Tamil Selvi S	25	125	08.03.2027	Active
18	Mrs.Kamili S	36	114	12.02.2028	Active





19.	Mrs. Gowri K	25	125	11.04.2028	Active
20	Ms. Priyanka B	25	125	19.07.2028	Active
21	Mrs. Swathi M	172	0	2.12.2028	Active
22	Ms. Priya A	184	0	28.11.2028	Active
23	Mrs. Thiruvani S. G	8	142	28.11.2028	Active
24	Mrs. Meenakshi S	176	0	16.12.2024	Active
25	Ms. Swetha T	173	0	21.11.2024	Active
26	Ms. Shakina N	94	56	21.11.2024	Active
27	Mrs. Asha K	169	0	11.12.2024	Active
28	Ms. Sakthi Priya	168	0	24.9.2028	Active
29	Mrs. Elamathi V	150	0	26.01.2028	Active
30	Ms. Priya R	81	69	10.07.2027	Active
31	Mrs. Ishwariya	138	12	15.04.2028	Active
32	Mrs. Amala	-	150	07.08.2028	Active
33	Ms. Vinothini V	339	0	28.11.2024	Active
34	A.Joyce	42	108	06.08.2024	Active
35	B.Keerthiga	8	142	02.12.2028	Active

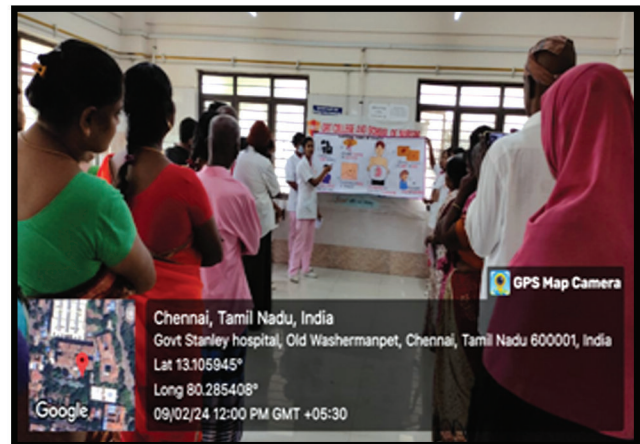


## DEPARTMENTAL ACTIVITIES

### 1. MEDICAL AND SURGICAL NURSING DEPARTMENT

#### 1.1 CANCER DAY

GRT College of Nursing's Student Nurses Association organized World Cancer day observation with the Theme of “Close the Care Gap” on 9th February 2024 at Government Stanley Hospital. The event featured a poster presentation by B.Sc. Nursing II year students, highlighting information on cancer types, risk factors, early detection methods, and treatment options. Interactive sessions with oncologists and experts allowed attendees to ask questions and engage in discussions. Patients and families shared their experiences, emphasizing the significance of early diagnosis. This World Cancer Day initiative aimed to educate and empower individuals in combating cancer effectively, promoting unity and support in the fight against this disease. The programme was ended with vote of thanks.



1.2 GRT CON Medical and Surgical Nursing department observed the World Kidney day on 15th March 2024 at Southern railway hospital, Chennai. Our second year B.Sc. Nursing students creatively designed the posters to make complex medical information accessible and understandable to the public. In addition to the poster presentation, role-play activities were conducted to simulate real-life scenarios related to kidney health. Participants had the opportunity to act out situations involving symptoms of kidney disease, interactions with healthcare providers, and lifestyle changes to improve kidney function. Overall, the World Kidney Day event at Southern railway hospital was a successful initiative that combined informative poster presentations with engaging role-play activities to promote kidney health awareness and empower individuals to take proactive steps towards maintaining healthy kidneys. The programme ended with vote of thanks.





1.3 Student Nurses Association in coordination with Medical Surgical Nursing Department organized WORLD HYPERTENSION DAY on 17.05.2024 at Beerakuppam PHC with the theme of “Measure your blood pressure accurately, control it, live longer”. Fourth year B.Sc Nursing students created awareness to the patients regarding hypertension through poster presentation. The programme was started with welcome address by Ms. J. Bhuvaneshwari. 4th Year B. Sc Nursing. Disease condition was explained by Ms. Trisha, Ms. Girija, Ms. Bharathi, Ms. Keerthana B.Sc. Nursing 4th year student. Dr. Palani. Medical Officer highlighted the preventive measures of hypertension. Patients enthusiastically listened and benefited a lot. The programme came to an end with vote of thanks by Ms. Abinaya, 4th year students.



## 2. CHILD HEALTH NURSING DEPARTMENT

2.1 The department of Child Health Nursing in coordination with Student Nurses Association organized National Vaccination Day on 18.03.2024 with the theme of “Vaccine work for all” by conducting Role-play at Sathram Jayapura Village in order to create awareness among the general public and school children regarding the Importance of vaccination. We also conducted Quiz competition among B.sc Nursing IV year students and Essay writing competition among 3rd -year students with the theme of Current Trends in vaccination at GRTCON. The students participated enthusiastically. At the end of the programme snacks was distributed to the participants.





2.2 CHN department organized The World Immunization Week with the Theme of “Humanly Possible: Immunization for All” On 31.05.2024 at OPD, KKCTH, Chennai. The B.sc (Nursing) THIRD year students gave awareness talk regarding Vaccines, Types, Importance, and Vaccine available at free of cost about. We involved 50 mothers and caretakers for active participation and provided snacks to all the participants and got good feedback from the public. The programme ended with vote of thanks.



### 3. MENTAL HEALTH NURSING DEPARTMENT

3.1 Student Nurses Association and department of Mental Health Nursing Organized World Autism Day Observation in RASS Special School at Tiruttani on 02.04.2024, with the Theme of “EMPOWERING AUTISTIC VOICES”. B.Sc. Nursing III year 10 Volunteers organized the activities with the guidance of Mrs. Suganthi. S, Assistant Professor and Mrs. Gowri.K, Clinical Instructor. Spot activities were conducted for the special and unique Children. They actively participated in spot activities like fine motor activities- Painting, Gross motor activities- dancing, standing and Cognitive activities like identifying balloons color. All the children enjoyed with us. Finally, we distributed snacks and we received overwhelming response and appreciation from the Management of RASS Special Home.







## 4. OBSTETRICS AND GYNAECOLOGICAL NURSING DEPARTMENT

4.1 Student Nurses Association and department of Obstetrics and Gynaecology Nursing organized International Women's Day on 11.03.2024 at GRT College of Nursing by conducting

I. Rally at Srinivasa Puram village in order to create awareness among the community people and the school children regarding the Women's Rights and Women related protection Acts in the morning.

II. Slogan Competition was conducted among B. Sc(N) III & IV Yr students. Totally 40 students took part in it, the slogans were written on the basis of theme both English and Tamil.

III. Mr. Desappan, District Coordinator, Department of Social Welfare & Women Empowerment, Tiruvallur gave a brief note about the girl child helpline and protection acts. Ms. Priyanka, Centre Administrator, One Stop Centre (Sakhi) Department of Social Welfare & Women Empowerment, Tiruttani, spoke about One Stop Centre and their activity. Mrs. Shamu, Advocate, Tiruvallur District gave an awareness talk on Women related laws – Sexual harassment of women at workplace Act 2013, Dowry prohibition Act 1961, Protection of Women from Domestic violence Act 2005, Prenatal diagnosis sex determination Act 1994, Prohibition of child marriage Act 2006, Code of wages 2019, different kind of violence, cyber-crime prevention against women & children etc. 180 students of B.Sc.(N) 3rd&4thYr students participated.





## 5. COMMUNITY HEALTH NURSING DEPARTMENTS

5.1 World Leprosy Day 2024 was observed with the theme of “Beat Leprosy”. By organizing one-day observational visit to Gremaltes Leprosy Hospital, Chennai on 31.1.2024. The program at Gremaltes leprosy hospital started at 9.30 am. Mr. Johnson Pro. Manager gave orientation about hospital and awareness talk regarding how to eradicate the stigma associated with leprosy and to promote the dignity of people affected by the disease. After that, they organized various instant programs like bed side visit of the patients, interactive sessions and feedback session. The program came to an end by Oath taking around 12.30pm.



5.2 The department of Community Health Nursing in co ordination with SNA celebrated World Tuberculosis Day on 22.03.2024 with the theme "YES! WE CAN END TB". at Railway Hospital, Perambur, Chennai, The event was presided over by Dr. Kalyani M.D and Dr. Arun Kumar, Chest Physician, with Chief Guests including Dr. Jayasudha, Radha, Dr. Vidhya, Dr. Rajeswari, and Dr. Shamshadbi. The programme commenced with a welcome address by Nursing staff Ms. Geetha, followed by a comprehensive speech by Dr. Arun Kumar on the history, causes, diagnosis, management, and prevention of TB. BSc Nursing 2nd year students then showcased a Role Play and Poster Presentation, receiving positive feedback from both the Guest Speakers and the general public. The event was concluded with Vote of thanks by Sr. Ahalya.







5.3 SNA and Department of Community Health Nursing Organized World Malaria Day Observation - 2024 with the theme “Accelerating the fight against Malaria for a more equitable world” on 25.04.2024. The Resource Person was Mr. Chandran, BSc, MBA, Entomologist, GRTCON HI Training Institute. Sir gave awareness speech based on the theme and highlighted about causes, symptoms, diagnosis, managements and prevention of malaria and also, he explained about National Malaria Eradication Strategies. Pledge was taken at the end of the programme. It was an excellent session to create awareness among our students.



5.4 GRT CON SNA unit and the Department of Community Health Nursing in coordination with District Health Office organized “National Dengue Awareness Program with the theme of ‘Dengue prevention: our responsibility for a safer Tomorrow’” on 16.05.2024 at GRT CON Auditorium. The resource speaker Dr. Arunpathy. P, MPH, Dist., Epidemiologist, gave the general talk about dengue and Mr. Mathialagan. T, District Malaria Officer, explained in detail about what is dengue and prevention of dengue. Mr. Ganeshan. N, Health educator, DHO, Tiruvallur, guided to take the pledge regarding Dengue preventive measures and also, they kept stall to create awareness. The programme was ended with national anthem.





## BEYOND CLASS ROOMS

### 1. SNA ACTIVITIES

#### 1.1 THE DAY OF SWEETNESS AND PROSPERITY

Pongal signifies joy and cheer and brings everyone together. A festival to thank God for all his goodness and mercies and to look forward to a prosperous year. As a part of SNA activity our college was decorated with thoranam and colorful rangolies and brought a cultural beauty of our own place by our staffs and students. The day was flourished with the presence of honorable chief guest and spiritual master Thirkudandhai Dr.U.VE.Venkatesh. Our students performed various styles of dances which depicted the culture of Tamilnadu. Students and faculties enjoyed the day by having their delicious pongal and juicy sugarcane. Our students viewed this day not only as a festival that celebrates culture and prosperity but also as a way of recognizing the dedication of those who work tirelessly to feed the entire country.



#### 1.2 DIAMOND JUBILEE OF PURNA SWARAJ DAY

This day is an occasion to commemorate the value of our democracy and republic to reaffirm our commitment to liberty, fraternity and equality across our society and among all our citizens. Our SNA unit celebrated the diamond jubilee of our nations “Purna Swaraj Day” – the Republic Day on 26.01.24 with the theme “Viksit Bharat” and “Bharat Loktantriki Matraka”. The day was honoured by our renowned Dean Dr.Arumugam with his prudentful speech.





### 1.3 WORLD CANCER DAY

As a part of SNA activity they observed world cancer day on 9.2.2024 at Stanly hospital, The second and third year actively participated in the programme and created awareness regarding prevention of cancer. Students prepared posters regarding various aspects of cancer prepared and displayed.



### 1.4 NATIONAL VACCINATION DAY:

As part of Student Nurses Association activity, the department of Child Health Nursing organized National Vaccination Day on 18.03.2024 with the theme of “Vaccine work for all” at GRT College of Nursing. Role-play was conducted at Sathram Jayapuram Village in order to create awareness among the general public and school children regarding the Importance of vaccination. Quiz and Essay competition was conducted among B.sc Nursing IV year students and III year students with the theme of Current Trends in vaccination at GRTCON. The students participated enthusiastically.

### 1.5 WORLD AUTISM DAY:

Department of Mental Health Nursing Organized World Autism Day Observation as a part of SNA activity in RASS Special School at Tiruttani on 02.04.2024, with the Theme of “EMPOWERING AUTISTIC VOICES”. With the guidance of Mrs. Suganthi.S, Assistant Professor and Mrs. Gowri.K and Clinical Instructor our B.Sc. Nursing IIIrd year 10 Volunteers actively conducted various activities to encourage their talents like dancing, painting, identifying colors for the special and unique children. All the Children enjoyed with us.





### 1.6 WORLD HEALTH DAY:

As a part of SNA unit Activity, we observed World Health Day on 10.04.24. Awareness speech regarding importance of health, our rights and responsibilities regarding food was given by the chief guest Ms. Saranya, Nutrition and Dietetics from peacock hospitals. The program was made soul by interactive activities and discussion to engage students in health-related topics. Students actively participated and gained adequate knowledge.



### 1.7 WORLD MALARIA DAY:

Department of Community Health Nursing as a part of SNA activity organized World Malaria Day Observation -2024 with the theme “Accelerating the fight against Malaria for a more equitable world” on 25.04.2024 in GRTCON. Mr. Chandran, Bsc, MBA, Entomologist, GRTCON HI Training Institute was the chief guest of the day and gave awareness speech based on the theme and highlighted about causes, symptoms, diagnosis, managements and its prevention of malaria and also he explained about National Malaria Eradication Strategies. The session created awareness among students and also they were educated to train others.





### 1.8 INTERNATIONAL NURSES DAY:

International Nurses Day is a day to celebrate the contributions of nurses to the healthcare sector. Nurses are the backbone of the healthcare system, and they play a vital role in improving the lives of millions of people around the world. To commemorate this day the GRT College of Nursing celebrated the Nurses Day on 10.5.24 at 10am -12pm in GRTCON Auditorium. Mrs. Anandhi Sathyakumar, Nursing Director, Kaveri Hospital has accepted to be the Chief Guest. The Program started with a Prayer song followed by Classical dance by the 1st yr B. Sc N then the variety of programs such as Dengue awareness & Biomedical waste management dance, Hand washing & CPR dance, Skit on Triage & Image of Florence Nightingale by the 2ndyr & Final yr B. Sc N students which was very informative and admired by everyone. The Chief Guest in her address highlighted the invaluable contributions nurses make to healthcare, their dedication, compassion, and the importance of supporting and recognizing their efforts. On this occasion the 24 students who donated their hair for the Cancer Survivors conducted by Tamil Nadu Nurses and Midwives Council are also honored with a Memento.



### 1.9 WORLD HYPERTENSION DAY:

GRT College of Nursing student Nurses Association in coordination with Medical Surgical Nursing Department organized WORLD HYPERTENSION DAY on 17.05.2024 at Beerakuppam PHC with the theme of “Measure your blood pressure accurately, control it, live longer”. Fourth year B. Sc Nursing students created awareness to the patients regarding hypertension through poster presentation. The programme was started with welcome address by Ms.J.Bhuvaneshwari. Fourth Year B. Sc Nursing. Followed by that the topic introduction, causes, signs and symptoms, control measures and diet was explained by Ms. Trisha, Ms. Girija, Ms. Bharathi, Ms. Keerthana B.Sc. Nursing Final year student respectively. And also Dr. Palani. Medical Officer highlighted the preventive measures of hypertension. Patients enthusiastically listened and benefited a lot. The programme ended with vote of thanks by Ms. Abinaya, Final year students.







## 1.10 NATIONAL DENGUE AWARENESS PROGRAMME

As part of the SNA activity, GRT CON and the Department of Community Health Nursing in coordination with District Health Office have organized an “National Dengue Awareness Program on the theme of ‘Dengue prevention: our responsibility for a safer Tomorrow’”. On 16.05.2024 at GRT CON Auditorium. The resource speaker Dr. Arunpathy. P, MPH, Dist., Epidemiologist, gave the general talk about dengue and Mr. Mathialagan. T, District Malaria Officer, explained in detail about what is dengue and prevention of dengue. Followed by Mr. Ganeshan. N, Health educator, DHO, Tiruvallur, guided to take the pledge regarding Dengue preventive measures and also, they kept stall to create awareness. At the end of this session the resource speakers were felicitated by the respected principal Dr. Padmavathi R GRT College of Nursing. The programme was ended with national anthem.



## 1.11 Immunization day

As a part of SNA activity, CHN department organized The World Immunization Week celebrating with Theme of “Humanly Possible: Immunization for All” On 31.05.2024 at OPD, KKCTH, Chennai. The B.sc (Nursing) THIRD year students gave awareness talk regarding Vaccines, Types, Importance, Vaccine available in free of cost. We involved 50 mothers and caretakers for active participation and we provided snacks to all the participants and got good feedback from the public.





## 2. YRC ACTIVITIES

### 2.1 WORLD DISABLED DAY

Youth Red Cross observed World Disabled Day-2023 with the theme of 'United in action to rescue and achieve the SDGs for, with and by persons with disabilities' on 10.01.2024 at Government hospital Stanley. Our BSc(N) 2 ND -year students created awareness by skit and poster presentation on care of disabled persons. We received overwhelming response from patients and their relatives. Totally 25 members were actively participated. The programme was ended with awareness speech about disabilities by Miss. Prabhavathy. R BSc(N)



### 2.3 WORLD YOUTH DAY

On behalf of GRT CON YRC unit, we organized world youth day on 20.01.2024 at GRT con auditorium with the theme "Vikshit Bharath: Vikshityuva". The program was started at 10 AM. Welcome address was given by Ms. Truthika 4 th year students. The Resource persons was Dr.JS.Rajkumar (chairman Lifeline Hospital) President Youth4Nation and Dr. Sundaram Seshadri Executive member of Youth4Nation. They also insisted that our younger generation must be aware about national schemes, programme, strategies through which our India is going to become as the developed country by 2047. It was a wonderful motivational program to our nursing students to realize their power to develop the country. Totally 180 members attended. Vote of thanks was delivered by Ms. Girija.

### 2.2 NATIONAL PULSE POLIO DAY

Youth Red Cross unit organized Pulse Polio Day-2023 on 12.01.2024 with the theme of "A healthier future for mothers and children" at Government hospital, Tiruttani. Our ANM II year students created awareness about polio affected children and importance of giving polio vaccine by poster presentation and awareness speech. We received overwhelming response from mothers at post-natal ward. Totally 25 mothers were actively participated. Let the victory over polio continue with 2 drops of life.





## 2.4 WORLD CANCER DAY:

Youth Red Cross unit, organized World Cancer Day- 2024 on 05.02.2024 with theme of "CLOSE THE CARE GAP". Dr. Janani MS contributed as the resource person, provided insights into cancer types, causes, risk factors, and prevention, added significant value to the program. B.Sc nursing 1st-year students participated in the poster presentation on various aspects of cancer to raise awareness about this critical health issue. The active involvement of 35 participants and the overwhelming response received indicated the success of the event in reaching and engaging the community.



## 2.6 YOUTH RED CROSS DAY

On behalf of GRT COLLEGE OF NURSING Youth Red Cross Unit, we organized YOUTH RED CROSS DAY-2024 on 15.02.2024. The Program was started at 11:00 am and speech was given by Mrs. Praveena, Clinical Instructor she highlighted about objective, Activities, responsibility of Youth Red Cross unit. We received overwhelming response from our I year B. Sc (N) students. At the same time, essay writing was conducted and totally 60 students actively participated. The program was ended with vote of thanks by Ms. Shakina Clinical Instructor.



## 2.5 ZERO TOLERANCE TO FEMALE GENITAL MUTILATION DAY

The YRC Unit of GRT College of Nursing in coordination with Sri Devi College of Nursing, Ponneri observed "Zero Tolerance to Female Mutilation Day" on 06.02.2024. Mrs. Shakila, Nursing Tutor from GRT CON, delivered a wonderful speech on the basis of the theme "Her voice: Her future." about female genital mutilation, its current status in India, its complications, and how to control it. It was an excellent session that helped to raise awareness among Nursing students about female genital mutilation.





## 2.7 WORLD TUBERCULOSIS DAY

As part of YRC activity, GRT CON YRC unit organized World Tuberculosis Day -2024 on 26.03.2024 at GRT CON Auditorium. The program was started at 10.30 A.M with welcome address. The resource speaker was Mr. Chandrasekaran M.A Sociology, Health Educator, District TB Centre, Tiruvallur District. The Resource speaker gave speech about tuberculosis. Mr.Chandrasekaran discussed the NIKSHAY POSHAN YOJANA, a government scheme aimed at providing nutritional support to TB patients for better treatment outcomes. the objectives and initiatives of the Revised National TB Control Program, which aims to eliminate TB from India by 2025. He also explained about TN-KET (Tamil Nadu Kasanoi Erappila Thittam). At the end of the session, on behalf of NTEP Tiruvallur team, we have taken oath to end TB by 2025. The resource speaker and team members are felicitated with gift and shawl.



## 2.8 WORLD WATER DAY:

Youth Red Cross Unit observed the World Water Day- 2024 on 28.03.2024 with great enthusiasm and creativity at S.J. Puram Middle School. ANM 1 st and 2 nd -year students participated in various activities, including a role play and Villupattu. These sessions provided valuable insights into sustainable water practices, water harvesting techniques, and the importance of community involvement in conservation efforts. Overall, the World Water Day 2024 celebrations at S.J. Puram Middle School were a resounding success, leaving a lasting impact on the participants; understanding of water conservation issues. Totally 50 community people benefited. Snacks was distributed at end of the session and programme ended with the vote of thanks.







## 2.9 INTERNATIONAL WOMEN'S DAY

As part of GRT Con YRC unit activity, we organized panel discussion on account of International Women's Day celebration on 5.4.2024. The event aimed to explore the various avenues for advancing women's empowerment in society. Our final year BSc Nursing students shared insights and engaged in a thought-provoking discussion on the opportunities and challenges surrounding to advance women's empowerment. The Moderator of the event was Ms. TamilSelvi.R, Clinical Instructor GRT CON. Overall, the panel discussion was a resounding success, leaving a lasting impression on attendees and inspiring them to continue advocating for a more inclusive and equitable society. The moderator concluded the discussion.



## 2.10 WORLD HEALTH DAY

YRC unit organized World Health Day on 10.04.2024 with the theme of "My Health, My Rights". B.Sc. Nursing students from, I, II, III, and IV years totally 28 students participated in skit enactment / sociodrama. Show casing their creativity and advocacy for health rights. Mr. Boopathi, M.A., M.PHIL. M. ED (English) from GRT College of education an esteemed evaluator with expertise in theater and health communication presided over the event. The skits explored a wide range of themes related to health rights, including Access to health-care for marginalized communities, Mental health awareness, destigmatization, right to information and healthcare literacy, Advocacy for healthy lifestyles and preventive healthcare measures. His insightful critique and feedback provided valuable insights to the participants, encouraging them to excel in their performance and message delivery. The programme ended with vote of thanks.







## 2.11 WORLD EARTH DAY

GRT CON Youth Red Cross unit, organized World Earth Day-on 22.04.2024 GRT CON Auditorium with the theme of “PLANTS VS PLASTIC”. The occasion started with the welcome address by final year student and introduced the chief guests, Dr.D. Narasimhan. MSc. M.Phil., PhD, MCC department of Plant Biology and Plant Biotechnology. Resource speaker explained in detail about how the earth is formed, what does earth provide to us and the total economic value of tropical ecosystem? At the end of the session our respected YRC president Dr. Padmavathi, Principal GRT College of Nursing felicitated the guest. The session ended with vote of thanks by final year student.



## 2.13 WORLD TOBACCO DAY

As part of YRC activity, GRT CON YRC unit organized world tobacco day on 31.05.2024 at Beerakuppam PHC with the theme of “Protecting children from tobacco industry interference”. ANM 1st year students did poster presentation regarding causes of tobacco use and prevention of tobacco use. DR. Revathi MBBS medical officer highlighted about impact of tobacco use. Totally 40 people benefited. It was useful programme. We received an overwhelming response from the public.

## 2.12 WORLD ASTHMA DAY

YRC unit was organized world asthma day on 31.5.2024 at Kanchi Kamakodi child trust hospital. the programme started with the welcome address by our BSc nursing 3rd year students MS. Ashmitha. We conducted poster competition regarding “asthma education empowers” which was evaluated by Mrs. Sowmiya nursing superintendent of KKTCH. The students enthusiastically participated and the winners were 1st –Ezhil Priya. T, 2nd –Thrisha.V, 3rd - Ishwariya.S





## 2.14 WORLD ENVIRONMENTAL DAY

GRT CON YRC unit organized world Environmental day on 05.06.2024 at Beerakuppam PHC. B Sc (Nursing) IV-year students effectively done Pledge and awareness speech regarding the theme of “Land restoration, desertification and drought resilience” and also regarding Environmental sanitation and its problems, Importance, components, methods of waste disposal and laws protecting environment. It was highly appreciated by DR. Revathi Medical Officer. The program received an overwhelming response, with Doctors, Nurses and public. Totally 40 people benefited. It was excellent session that helped to raise awareness among public. The programme was ended with vote of thanks by Mrs.Tamilselvi. S, Clinical Instructor.



## 3. NSS ACTIVITIES

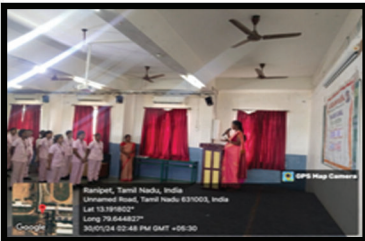
### 3.1 MARTYR'S DAY

The NSS Unit of GRT College of Nursi conducted a pledge taking session on account of Martyrs Day who laid down their lives in the struggle for India's Freedom on 30.01.2024. Every year we pay this homage on 30th January. Our NSS volunteers observed two minutes silence and also took pledge against Untouchability and peace. By taking the pledge our volunteers learnt to avoid violence and “Untouchability” since it is a crime.



### 3.2 DRUG SAFETY AWARENESS

GRTCON NSS unit organized the awareness talk regarding drug safety on 21.3.2024. The program was started with Tamizh Thai Vazhuthu. B.Sc. Nursing final year student Ms. Sakthi gave Welcome address followed by our Respected Principal Dr. Padmavathi R introduced the chief guests Dr. M. Sri Kiran MBBS, MS, Mch (Urology) Managing Director of Peacock Hospital and Dr. K. Magesh MSC.PGCP. Clinical Psychologist. Clinical Psychologist gave awareness talk on the theme. Totaly246 students from final year B. Sc Nursing, 3RD year B. Sc Nursing and I year B. Sc Nursing, 3RD year B. Sc Nursing and I year B. Sc Nursing actively participated. Vote of thanks was given by B. Sc Nursing final year student Ms. Jayapriya Then the program was ended with the National Anthem.







### 3.3 WORLD HEALTH DAY:

National service scheme unit organized the world health day at Beerakuppam, PHC on 12/04/2024. with the theme of “MY HEALTH, MY RIGHTS”, BSc Nursing 3rd Year 6 volunteers participated in puppet show. The well-modulated voice and hand puppets made the characters of the story come alive. The Medical officer Dr. Revathi, Mr. Koteswaran Nursing superintendent and other health care team members were cooperative with us for successful completion of the puppet show. The programme was ended with vote of thanks.



### 3.4 WORLD WATER DAY:

GRT CON National service scheme unit organized the world water day at GRT CON Auditorium on 17/04/2024 with the theme of “water for property and peace” ,10 members from B.SC Nursing students participated in poster presentation. A poster presentation is a way to communicate your research or your understanding of a topic in a short and concise format. It helps to improve your skill, communication, your ability to express your technical views. the posters were evaluated by prof. Uma Maheshwari GRTCON.

### 3.5 WORLD WOMEN’S DAY

NSS unit organized the world women’s day at GRTCON Auditorium on 18/04/2024 with the theme of “INVEST IN WOMEN: ACCELERATE PROGRESS”. B.sc nursing student 25 volunteers assiduously participated in essay writing competition at GRT CON auditorium. The Session began at 1.00 pm and concluded at 2.00 pm. The Purpose of the Essay Writing competition was to encourage the students to enhance their thinking and writing skills. The winners of the competition were given prizes on Annual day celebration.





## ANTI- TERRORISM DAY 07.06.2024

GRTCON NSS unit organized Anti - Terrorism Day (21.05.2024) with Theme of " United against Terror: Building Secure and inclusive Future at IMH hospital kilpauk, Chennai. Mr.Rajkumar clinical instructor gave speech about importance of Anti-terrorism day and our B. Sc Nursing III year student Ms.Amreetha spoke about history of Anti terrorism day followed by Mime show was Performed by III year BSc Nursing students.



## WORLD ENVIRONMENTAL DAY 11.06.2024

GRTCON NSS unit organized World Environment day with Theme of, " Land restoration, desertification and drought resilience" at IMH hospital, OPD Department, kilpauk, Chennai. BSc Nursing III year students actively participated in Psychodrama and created awareness regarding the environmental safety. Nearly 40 attenders attended the program



## WORLD NO- TOBACCO DAY 10.06.2024

GRTCON NSS unit organized World No-Tobacco day (31.05.2024) with Theme of "Protecting children from tobacco industry interference" at IMH Hospital Kilpauk, Chennai. BSc Nursing III year students participated in Poster presentation and was evaluated by Mr.Elango Lecturer of psychiatry department.





## 4) RED RIBBON CLUB ACTIVITIES

### 4.1 NATIONAL YOUTH DAY

Internal quality assurance cell of GRT College of Nursing and Red Ribbon Club, Celebrated National youth day on 29.01.2024 based on theme. Our BSc Nursing Second year, third year and ANM first and second year Students participated in this program. The program was inaugurated with an oath of National youth day by the students. Followed by that Essay writing competition was conducted regarding the topic of “contribution of youth towards national development” evaluated by Mrs. Sharmila. Principal, GRT Mahalakshmi Vidyalaya, the winner place goes to Ms. Dhanasri. BSc Nursing second year and Runner place goes to Ms. Evangelin. BSc Nursing second year followed by conducted Graffiti competition, evaluated by Prof.Mrs. Umamaheshwari and Ass.prof. Mrs.Jayanthi, the winner place goes to Ms. JismariyaSebastian. BSc Nursing second year and Runner place goes to Ms. Surekha, ANM first year. The students enthusiastically participated and place holders were appreciated by respected. Dr. Padmavathi. Principal GRT college of Nursing.





## 4.2 PEER EDUCATION TRAINING: 16th and 23rd of March

As part of RRC activity our students are empowered as trainers/peer leaders to give training regarding HIV AIDS to peer volunteers of their batch students. March month training was carried out for Third year students as given below.

S. NO	NAME OF THE PEER LEADER	DATE	TOPIC COVERED	RRC VOLOUNTEER GROUP
1	Ms.Prabavathy.B B. Sc (N) IIIrd year	16.03.2024	Chapter 1- I manage college life responsibilities and celebrating life	B.Sc (N) IIIrd year
2	Ms.Auxellin Jose B. Sc (N) IIIrd year	16.03.2024	Chapter 2- I value myself Chapter 3-I prevent HIV/AIDS and STDs	B.Sc (N) IIIrd year
3	Ms.Durga B. Sc (N) IIIrd year	23.03.2024	Chapter 4- I deal socio cultural influences healthily Chapter 5- I face challenges with my courage Chapter 6- I set my boundaries	B. Sc (N) IIIrd year
4	Ms.Sandhiya T B. Sc (N) IIIrd year	23.03.2024	Chapter 7- how to educate schools and col about HIV transmission Chapter 8- I care for everyone Chapter 9- I enjoy my rights with responsibilities	B. Sc (N) IIIrd year







### 4.3 Peer Education Training to RRC Volunteers: 8th, 15th and 23rd of June 24

As part of RRC activity our students are empowered as trainers/peer leaders to give training regarding HIV AIDS to peer volunteers of their batch students. June month training was carried out for Fourth year students as given below.

S.NO	NAME OF THE PEER LEADER	DATE	TOPIC COVERED	RRC VOLOUNTEER GROUP
1	Ms.Thrisha. B. Sc (N) IV year	08.06.2024	Chapter 1- I manage college life responsibilities and celebrating life	B. Sc (N) IV year
2	Ms.Truthika.R B. Sc (N) IV year	08.06.2024	Chapter 2- I value myself Chapter 3-I prevent HIV/AIDS and STDs	B. Sc (N) IV year
3	Ms.Madhumitha B. Sc (N) IV year	15.06.2024	Chapter 4- I deal socio cultural influences healthily Chapter 5- I face challenges with my courage	B. Sc (N) IV year
4	Ms.Kalaiselvi B. Sc (N) IV year	15.06.2024	Chapter 6- I set my boundaries Chapter 8- I care for everyone	B. Sc (N) IV year
5	Ms.Thirisha B. Sc (N) IV year	23.06.2024	Chapter 7- how to educate school colleges about HIV transmission Chapter 9- I enjoy my rights with responsibilities	B. Sc (N) IV year









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